

# Found love and stayed

*Note:* A long-term resident married to a Dane, she has professional householding experience but minimal formal education.

Relying completely on husband for transport and digital assistance reinforces her feelings of dependence



## Triggers

Frustration with communication gaps in my marriage and daily life, coupled with resentment about needing constant translation assistance. I want autonomy in Danish society but I'm limited by language, a lack of digital skills and inability to drive.

## Goals

Improved Danish skills would facilitate workplace interactions and social integration. Digital competency would grant independence in accessing learning resources and navigating daily life.

## I need to know

Flexible, mobile-friendly options combining basic digital literacy training with language learning.

## I need to feel

Less reliant on my husband for daily activities.

Being able to track my progress would boost self esteem.

Patient, supportive teaching methods are essential.

## Intrinsic Motivations to learn

A strong desire for personal independence and self-sufficiency drives her learning. She seeks equal partnership in her marriage through improved communication and wants to engage directly with Danish society without intermediaries.

## Extrinsic Motivations to learn

External pressures include integration requirements and societal expectations for immigrants. Practical needs like workplace communication and navigating bureaucracy provide additional impetus for improvement, alongside wanting to reduce burdens on her spouse.