

# International Remote Worker



## Triggers

Being misunderstood, especially due to language barriers, both in Germany and while learning German.

## Notes

A researcher with experience in international settings, seeking support a flexible lifestyle between two countries

## Goals

Aims to maintain a balanced lifestyle between Germany and Uganda, with remote work supporting this arrangement, wants to learn German to improve integration into German society and advance professionally in Germany.

## I need to know

Seeking resources for legal, health, and well-being support in English to make life in Germany easier and to avoid misunderstandings in important matters. Where to access legal, health, and well-being resources in Germany that provide support in English.

## I need to feel

Safe in both the learning environment and in the new country, ensuring there is clarity and understanding in communication. This includes having access to support in English for a sense of security in daily life.

## Intrinsic Motivations to learn

To be patient with the language learning process, recognizing that overcoming misunderstandings requires time and persistence.

## Extrinsic Motivations to learn

To integrate into German society, improve career prospects, and find work that allows for mobility between Germany and Uganda